



Charlie Crist
Governor

Thomas R. Coleman, M.D., M.S.
Director, Volusia County

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State Surgeon General

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FLU SHOTS STILL AVAILABLE- NOT TOO LATE

DAYTONA BEACH- Active influenza surveillance shows sporadic flu activity in Volusia County. The first and most important step in protection against the flu is getting the flu vaccine.

“It is not too late to get your flu shot,” said Stefany Strong, Volusia County Health Department Public Information Officer. “We have about 1000 doses still available for those who want to be protected against the flu.”

The flu is a contagious respiratory illness caused by influenza viruses. It can cause mild to severe illness, and at times can lead to death. The best way to prevent this illness is by getting a flu vaccination.

Every year in the United States:

- An estimated 200,000 people are hospitalized from flu complications
- About 20,000 of those hospitalized are children under 5 years
- An estimated 36,000 people die from flu

Flu shots are available at the following Volusia County Health Department clinic locations:

- 1845 Holsonback Drive in Daytona Beach 386-274-0635
- 3151 Howland Boulevard in Deltona 386-789-7507
- 909 N. Stone Street in DeLand 386-822-6215
- 717 W. Canal Street in New Smyrna Beach 386-424-2065

Flu Shots \$30.00, Flu Mist \$40.00, and Pneumonia Shots \$45.00 Free with Medicare (Part B, Non-HMO)

Flu Prevention Tips

- Cover your nose and mouth with a tissue when you cough or sneeze. Throw the tissue away after you use it.



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- Wash your hands often with soap and water, especially after coughing or sneezing.
Alcohol-based hand sanitizers are also effective.
 - Try to avoid close contact with sick people
 - Stay home from work or school to avoid infecting others

VCHD Mission: Promote, protect and improve the health of all people in Florida